



CABINET FOR HEALTH
AND FAMILY SERVICES
Department for Aging and
Independent Living

Regional Plans on Aging State Fiscal Years 2027-2029

KY River ADD AAAIL
Area Agency on Aging and Independent Living

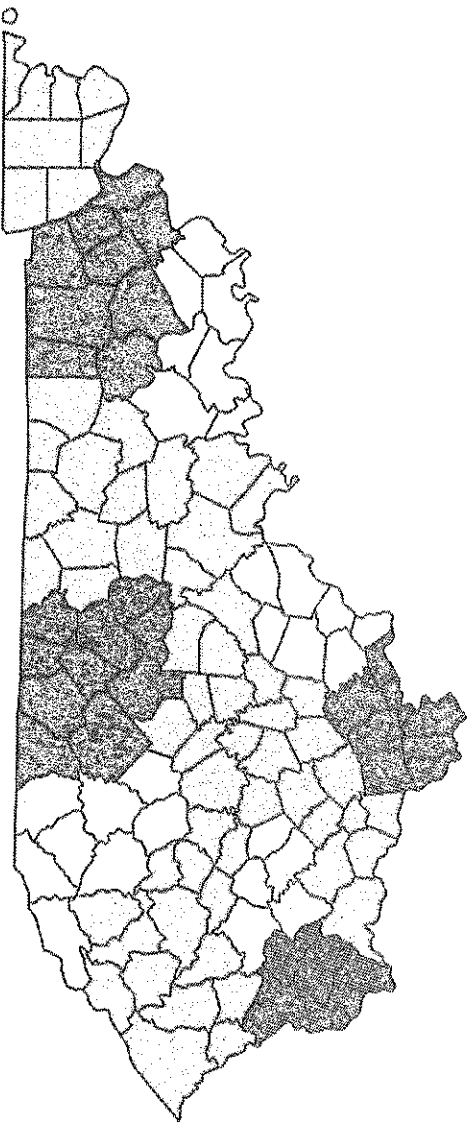


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I. Overview

The Area Plan is a public document that shall use clear and concise language to organize the information logically and should be easily understood by the public and aging network partners. The document shall be written to ensure accessibility by keeping the tone informative and providing visual aids such as defined charts, graphs, and diagram legends. The Area Plan shall be reflective of services provided in the planning and service area, the operations of the Area Agency on Aging, and of the goals of the aging network in the region.

In accordance with the Older Americans Act of 1965, as amended, Section 307(1)(A) require each area agency on aging designated under section 305(a)(2)(A) to develop and submit to the State agency for approval, in accordance with a uniform format developed by the State agency, an area plan meeting the requirements of section 306 of the Act. This format is to be used by area agencies on aging and independent living in developing an area plan for the administration and provision of specified adult and aging services in each planning area. The Area Plan required for State Fiscal Year 2027-2029 will be a three-year plan cycle.

Area plans are prepared and developed by the Area Agencies on Aging and Independent Living. Each agency is responsible for the plan for the multi-county planning and service area in which the agency is located. The area plan should reflect the efforts of the AAAIL:

Purpose

This Area Plan serves multiple purposes including, but not limited to:

- a. Provide tangible outcomes through planning and report achievement(s) based on long term efforts as set by the AAAIL.
- b. Provide data and outcomes of activities into proven best practices which may be used to ensure additional funding.
- c. Provide a clear framework regarding coordination and advocacy activities to meet the needs of the population served that have the greatest social and economic need.
- d. Provide goals and objectives that shall be implemented within the service plan timeframe.

The disaster plan and Senior Community Service Employment Program (SCSEP) are separate plans and not included in this plan. Separate instructions will be sent for those plans by the program coordinator.

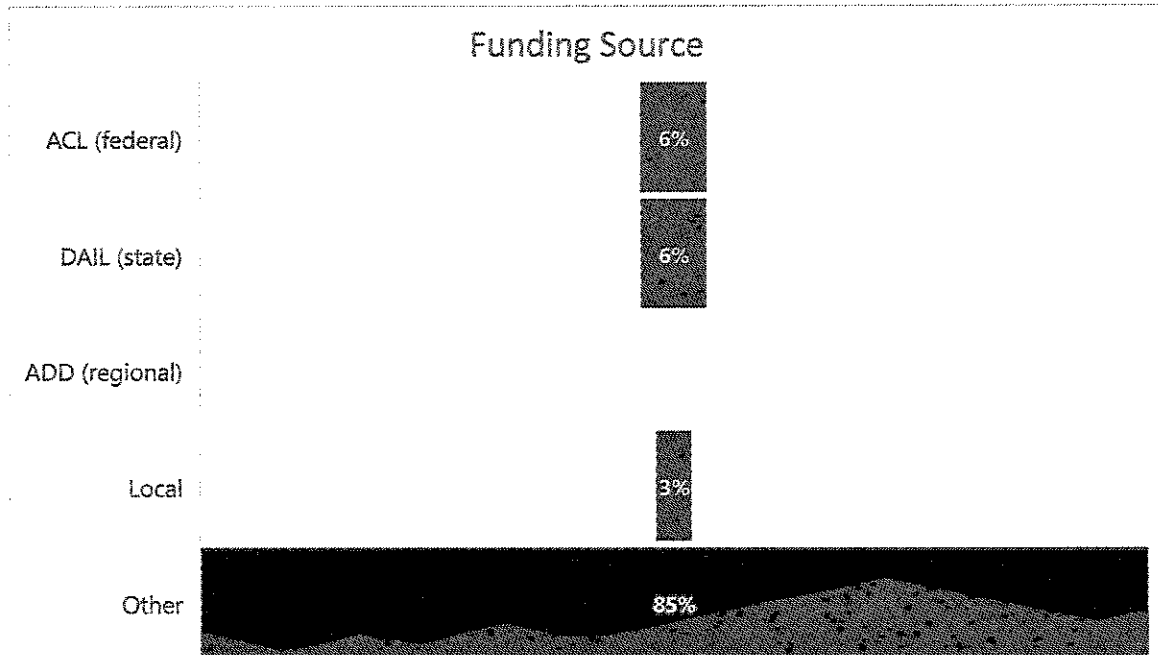
II. Glossary of Acronyms

AAAIL	Area Agency on Aging and Independent Living
ADD	Area Development District
ADL	Activity of Daily Living
DAIL	Department for Aging and Independent Living
FY	Fiscal Year
IADL	Instrumental Activity of Daily Living
K4A	Kentucky Association of Area Agencies on Aging
OAA	Older Americans Act
PSA	Planning Service Area
SCSEP	Senior Community Service Employment Program
SHIP	State Health Insurance Assistance Program
Title III B	Grants to states for Supportive Services and Senior Centers
Title III C	Grants to states for Nutrition Services
Title III D	Grants to states for Preventative Health Services
Title III E	Grants to states for Family Caregiver Support Program
Title V	Grants to states for SCSEP
Title VII	Grants for Ombudsman Services, Elder Rights and Abuse
VA	Veterans Administration

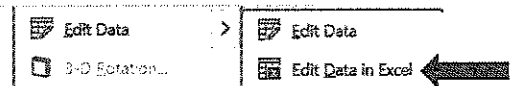
Additional acronyms may be added as needed.

III. Executive Summary

Description of Federal, State, and Local Aging Network Funding: Explain the aging network(s) funding received from the Administration for Community Living-Administration on Aging, Department for Aging and Independent Living, Area Agency on Aging, any local provider network.



Instructions: To update numbers-right click and choose Edit Data in Excel



The category of Other includes foundation grants/contracts, corporate grants/contracts, direct mail fundraising, fundraising events, fees for services, etc.

Overview: Please provide a short narrative or introduction which includes basic information about the agency and the area it serves.

The Kentucky River Area Agency on Aging serves the rural mountainous areas of the state. The counties included in the service area are: Breathitt, Knott, Lee, Leslie, Letcher, Owsley, Perry, and Wolfe. KRADD AAAIL provides Title V Program serves Breathitt, Knott, Leslie, Letcher, Perry, Pike, Floyd, Bracken, Fleming, Lewis and Mason Counties, with Staff Coordinator working with community service agencies, nonprofit employers, local government and senior citizens centers. KRADD AAAIL strives to provide professional assistance, leadership, and planning, for the development of services utilizing to the fullest potential all available resources to serve the elderly, frail, disabled, low income and minority population. Services for all Title III-B, C1, C2 and Title III-D are provided in all eight counties sub-contracted with two fiscal courts (Knott and Leslie County Fiscal Courts), one independent senior citizens board (Breathitt County Senior Citizens) and KRADD AAAIL provides direct services for Title III-B, III-D, C1, C2 services to Lee, Wolfe, Owsley, Letcher and Perry and C1 and C2 to Breathitt. KRADD AAAIL contracts with Homecare services are provided in all eight counties by KRADD AAAIL directly with case management and direct in home services (Breathitt, Knott, Lee, Leslie, Letcher, Owsley, Perry and Wolfe counties). Mom's Meals are contracting with Leslie County and Knott Co Fiscal Court to provide Title C2 meals in Leslie County and Knott County. KRADD AAAIL will be contracting with Mom's Meals to provide Title III C2 meals in Breathitt, Lee, Letcher, Owsley, Perry and Wolfe Counties. Title VII and Elder Abuse are provided in all counties by KRADD staff working with volunteers and Kentucky River C.A.M.E. SHIP services are provided in all 8 counties by KRADD SHIP coordinator utilizing volunteers and other KRADD trained staff as well as working with volunteers, Kentucky River C.A.M.E.

Also include:

1. The relationship between the AAAIL and external contracts and the service enhancement provided.

KRADD AAAIL has a strong relationship with external contracts (*Leslie Co Fiscal Court, Breathitt Co Senior Citizens, Knott Co Fiscal Court, Appalred, Moms Meals & Isom IGA*). KRADD AAAIL staff are able to make contact on a daily and/or weekly basis with all external contracts. The external contracts offer/provide quality service to the areas that they serve. KRADD AAAIL staff monitors that services provided by the external contracts are going well on a daily/weekly basis.

2. The working relationship(s) between other agencies and organizations to better the lives of those served.

KRADD AAAIL has a strong relationship with other agencies and organization in our Region in order to better the lives of those served.

- **We work closely with UK Homeplace who sends workers to our Senior Center sites to provide senior citizens with helpful resources.**

- Our agency works with Middle KY Community Action and LKLP Community Action in order to access resources they have to offer seniors in particular transportation and LIHEAP. We also are able to get referrals for service from LKLP and Middle KY Community Action.
- The Family Resource and Youth Service Centers (FRYSC) in our Region are another strong partnership. The FRYSC in our Region provide necessary referrals for our grandparent and caregiver programs as well as assist us with helping to raise awareness of elder abuse within the younger population.
- The KY River District Health Department is another strong partner who assists with Health Fairs, Suicide & Smoking Cessation training, and general health guidelines for healthier living. They are also a sponsor each year of our Regional Senior Games.
- The UK Cooperative Extension Service in our Region are strong partners of KRADD AAAIL. We work closely on trainings that the local Cooperative Extension Service does at our Senior Centers. They also help us each year with our Senior Citizen Health Fairs and Senior Games. All the Family & Consumer Science as well as Ag Agents from the Cooperative Extension Service in our Region assist us with our local Senior Games.
- There are a variety of health care groups in our Region who assist us as well with Senior Games, Health Fairs and referrals for the elderly for services. Some of the health care groups we partner with include: Mountain Comprehensive Care, Appalachian Regional Hospital, Primary Care Center of Eastern KY, Little Flowers Clinics and Juniper Healthcare.
- KY Power American Electric Power is another strong partner for our Aging Programs in the KY River Region. The power company helps us each year with Senior Games as a sponsor. They also send a large number of staff each year to help us run our Senior Games event. KY Power also participates in all our special events such as our Health Fairs.
- All the Long-Term Care Facilities in the KY River Region have a strong partnership with KRADD as well. LTC Facilities in our Region are a member of our KY River Elder Abuse Council and work to help us raise awareness of elder abuse. The LTC Facilities sponsor our Elder Abuse Awareness T-shirts each year. The LTC Facilities partner with KRADD each year to bring residents to participate in Senior Games which is such a special time for the residents. The LTC Facilities also participate in our Senior Citizen Health Fairs each year as a vendor and some even bring residents.

3. Other activities provided by the AAAIL outside of DAIL funding.

Other activities provided by KRADD AAAIL outside of DAIL funding include: KY River Elder Abuse Council, Senior Games, and Health Fairs. The KY River C.A.M.E Elder Abuse Council works year around throughout the 8 KRADD counties to promote elder abuse awareness & the importance of reporting. KRADD AAAIL holds its annual Senior Games each year to promote May as Older Americans and Elder Abuse Awareness month. Each year the AAAIL must secure donations from the community in order to do the event. The event promotes health, wellness, socialization and general well-being. KRADD AAAIL holds Senior Citizen Health Fair events throughout the KY River Region during the Fall each year. Each year KRADD AAAIL partners with the local health department and some

other community partners to help with sponsorship of the Senior Citizen Health Fairs. The Senior Citizens Health Fairs are held each year to encourage health and wellness as well as promote getting necessary vaccines.

Mission: A mission defines the organization, its objectives, and how it will reach these objectives.

The Kentucky River Area Development District Area Agency on Aging will serve as an effective leader, networking with all appropriate resources, groups and agencies, to improve the quality of life for the District. This agency strives to provide professional assistance, leadership and planning, for the development of services, utilizing to the fullest potential all available resources.

Vision: A vision details where the organization aspires to go.

VISION: That every person in the Kentucky River Region will have access to information and access to services which promote active productive quality lives while remaining in their own homes.

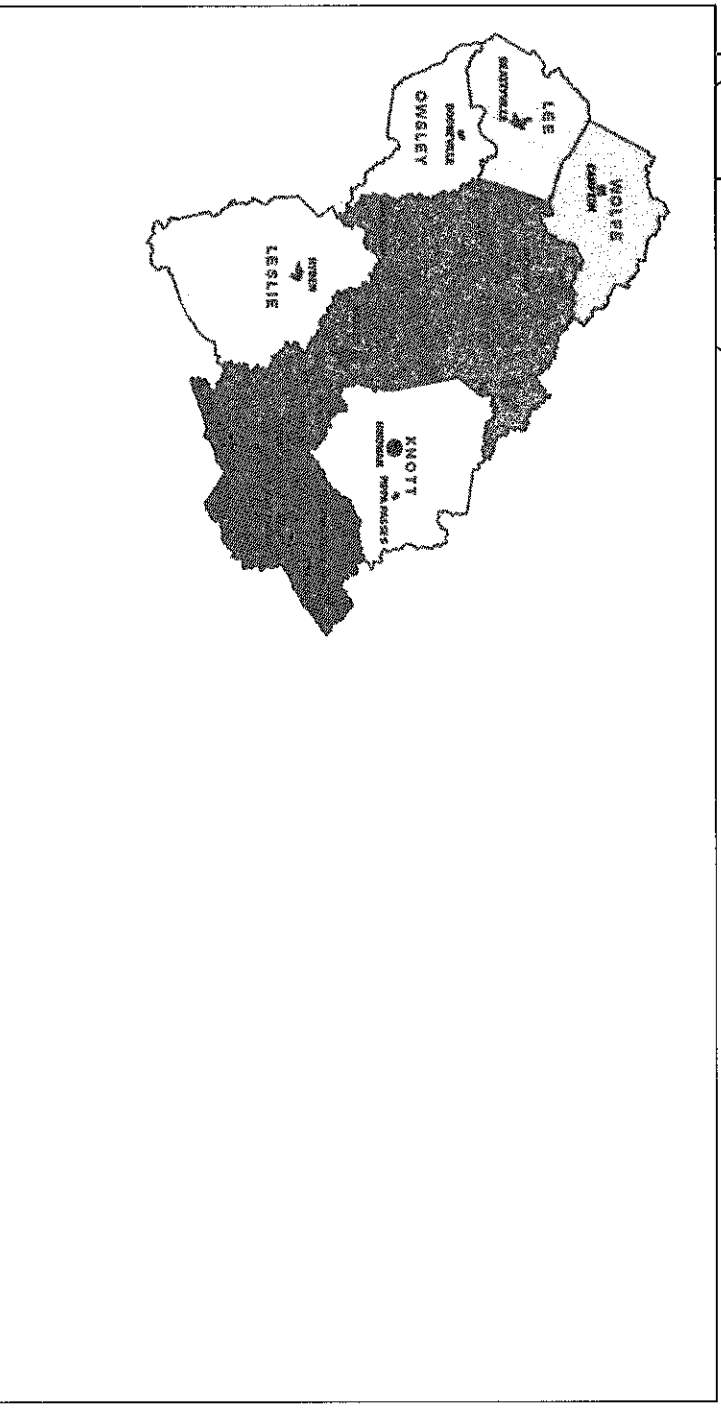
IV. Service Area

Define the geographic boundaries of the service region, ensuring to include the counties you serve and a map of the service region.

Description:

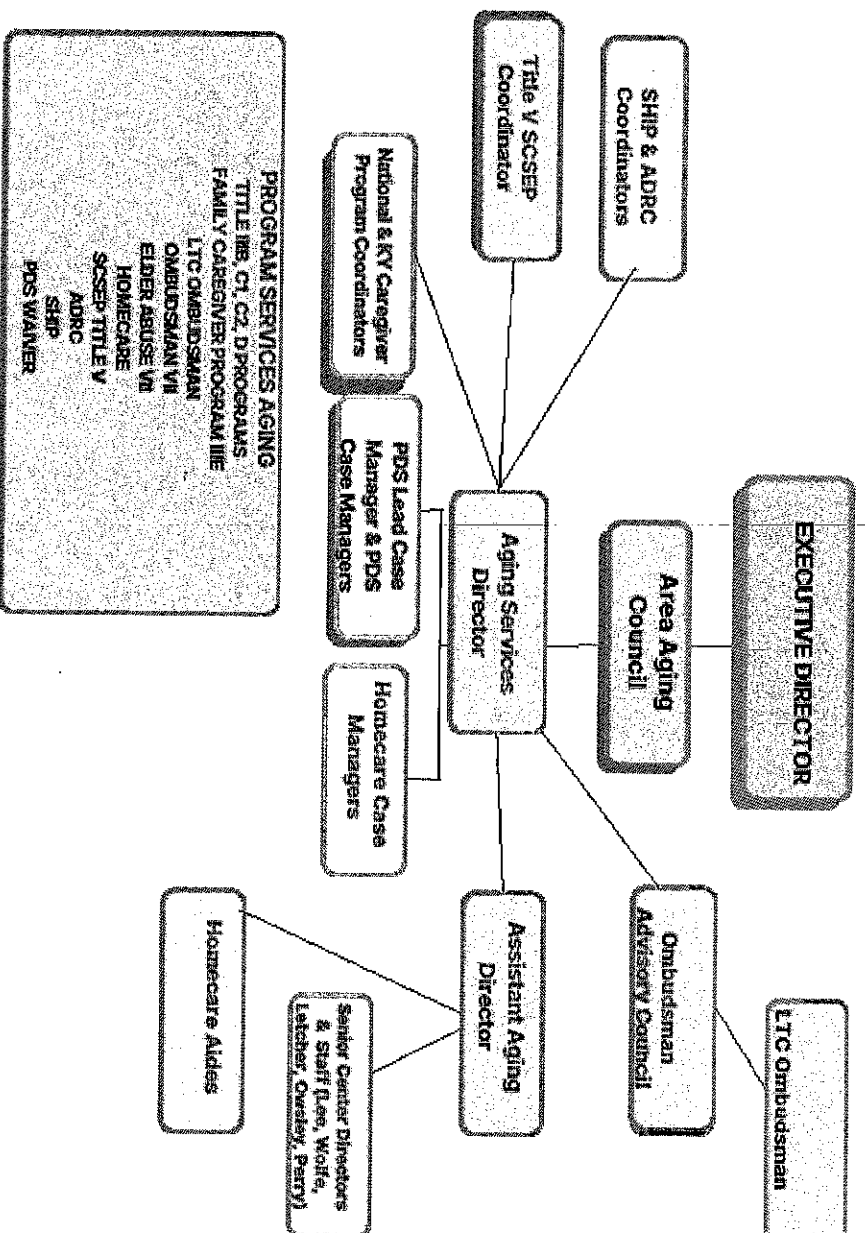
The Kentucky River Area Agency on Aging serves the rural mountainous areas of the state. The counties included in the service area are: Breathitt, Knott, Lee, Leslie, Letcher, Owsley, Perry, and Wolfe. KRADD AAAL strives to provide professional assistance, leadership, and planning, for the development of services utilizing to the fullest potential all available resources to serve the elderly, frail, disabled, low income and minority population. Services for all Title III, Homecare, Title VII, SHIP, HCBW, CDO/PDS, ABI, Michelle P Waiver, LTC Ombudsman, and Title V are provided to the region by KRADD AAAL directly or through network of service providers and agencies.

Map (insert picture here):



Staff Positions and Responsibilities: Include management and staff and include a separate organizational chart (see attached).

KRADD AAAL ORGANIZATIONAL CHART



Position Title	Position Description	Position Responsibilities
Aging Services Director	Manage all Aging & PDS Programs and staff. Ensure all reporting is completed and all tasks are being completed efficiently with each Aging Program available to serve the clients in the KY River Region.	Manage all Aging & PDS Programs and staff. Ensure all reporting is completed and all tasks are being completed efficiently with each Aging Program available to serve the clients in the KY River Region.
Assistant Aging Services Director	Provide assistance to Aging Services Director. Help with managing Senior Center staff and projects. Work in data system to enter data. Supervise Homecare Program.	Provide assistance to Aging Services Director. Help with managing Senior Center staff and projects. Work in data system to enter data. Supervise Homecare Program.
Caregiver Program Coordinator	Manage National Family Caregiver Program. Determine eligibility for the program. Maintain documentation in Mon Ami and in paper chart. Conduct monthly support group	Manage National Family Caregiver Program. Determine eligibility for the program. Maintain documentation in Mon Ami and in paper chart. Conduct

	meetings. Do monthly case management with clients.	monthly support group meetings. Do monthly case management with clients.
KY Caregiver Program Coordinator	Manage KY Caregiver Program. Determine eligibility for the program. Maintain documentation in Mon Ami and in paper chart. Conduct monthly support group meetings. Maintain spreadsheet on clients served and amounts.	Manage KY Caregiver Program. Determine eligibility for the program. Maintain documentation in Mon Ami and in paper chart. Conduct monthly support group meetings. Maintain spreadsheet on clients served and amounts.
Title V Program Coordinator	Manage Title V SCSEP Program. Determine eligibility for the program. Maintain documentation in GPMS and in paper chart. Maintain worksite monitoring and annual monitoring. Collect timesheets from participants/submit for payment.	Manage Title V SCSEP Program. Determine eligibility for the program. Maintain documentation in GPMS and in paper chart. Maintain worksite monitoring and annual monitoring. Collect timesheets from participants/submit for payment.
ADRC Coordinator	Serve as a central point of contact for all clients requesting services in community programs. Help clients find all resources available to them. Enter all calls in the required state data system each month. Complete Level 1 screenings. Enter necessary data in MWMA data system.	Serve as a central point of contact for all clients requesting services in community programs. Help clients find all resources available to them. Enter all calls in the required state data system each month. Complete Level 1 screenings. Enter necessary data in MWMA data system.
ADRC Assistant	Serve as a point of contact for all clients requesting services in community programs. Help clients find all resources available to them. Enter all calls in the required state data system each month. Complete Level 1 screenings. Enter necessary data in MWMA data system.	Serve as a point of contact for all clients requesting services in community programs. Help clients find all resources available to them. Enter all calls in the required state data system each month. Complete Level 1 screenings. Enter necessary data in MWMA data system.
PDS Lead CM	Serve as a PDS Case Manager with a small case load. Provide necessary training and guidance to PDS case managers on a daily basis.	Serve as a PDS Case Manager with a small case load. Provide necessary training and guidance to PDS case managers on a daily basis.
PDS CM	Maintain PDS Client caseload. Ensure client eligibility. Ensure all necessary documentation is collected and uploaded into MWMA. Make monthly contact with clients and document in MWMA. Approve all employee hours worked in MAINSL.	Maintain PDS Client caseload. Ensure client eligibility. Ensure all necessary documentation is collected and uploaded into MWMA. Make monthly contact with clients and document in MWMA. Approve all employee hours worked in MAINSL.
SHIP Program Coordinator	Maintain contact with clients in the service area on general SHIP services. Enter all contacts on a monthly basis in STARS. Keep client contact forms on file. Do outreach in community during open enrollment.	Maintain contact with clients in the service area on general SHIP services. Enter all contacts on a monthly basis in STARS. Keep client contact forms on file. Do outreach in community during open enrollment.
Homecare Case Managers	Maintain Homecare Client caseload. Conduct assessments, reassessments to ensure client eligibility. Input reassessments and assessments into Mon Ami. Ensure all necessary documentation is collected and uploaded into Mon	Maintain Homecare Client caseload. Conduct assessments, reassessments to ensure client eligibility. Input reassessments and assessments into Mon Ami. Ensure all necessary documentation is collected and uploaded into Mon Ami. Make monthly

	Ami. Make monthly contact with clients and document in Mon Ami. Work with Homecare Aides to ensure direct in home services are provided in accordance with the Plan of Care.	contact with clients and document in Mon Ami. Work with Homecare Aides to ensure direct in home services are provided in accordance with the Plan of Care.
Homecare Aides	Provide direct services in the home for Homecare clients. Services provided with include Homemaking and Personal Care. Homecare aides submit flow sheets on a weekly basis to Homecare Case Managers.	Provide direct services in the home for Homecare clients. Services provided with include Homemaking and Personal Care. Homecare aides submit flow sheets on a weekly basis to Homecare Case Managers.

add additional lines as necessary

V. Profile of Service Area

Complete a demographic profile of your region with information provided from data collected and utilizing the [University of Louisville's State Data Center](#). To determine poverty rates please use this link: [poverty rates](#).

Description	Year of Data	Population	Percentage
60+ in the service area	2023	27,560	2.6
60+ with low income (see link above)	2023	5,658	20.5
60+ living in rural area(s)	2023	27,560	2.6
60+ minority	2023	848	3.1
60+ low-income minority	2023	151	.5
60+ with limited English proficiency	2023	14	.1
Grandparents/older relative raising child under 18	2023	1,909	2.8
60+ isolated or living alone	2023	7,890	28.6
60+ requiring 3 or more ADL/IADL *	2023	5,905	21.4

*ADL: feeding, getting in/out of bed, dressing, bathing, toileting.

*IADL: Meal preparation, light housework, heavy housework, laundry, shopping, taking medicine

Describe all credible sources used to determine the populations/percentages above.

Kentucky State Data Center – Louisville
Poverty Rates link

VI. Funding Sources

List out all funding sources used to support older Kentuckians in the area. Please add additional lines and funding source types as necessary (Federal, State, Local Cash, In-kind, etc.). Previous state fiscal year should be used.

	Funding Source	Amount of funding	Funding Period	Type of funding
A	Title III C1	527,075.00	FY 25	Federal, State, Local cash
B	State LTC Ombudsman	54,179.47	FY 25	State
C	Title III B	290,019.00	FY 25	Federal, State, Local cash
D	Title C2	981,621.97	FY 25	Federal, State, Local cash
E	Title III D	44,486.00	FY 25	Federal, State, Local cash
F	Title III E	102,077.00	FY 25	Federal, State, Local cash
G	Title V (SCSEP)	296,987.00	FY 25	Federal, State, Local cash
H	Homecare	490,458.00	FY 25	State
I	KY Caregiver	97,554.00	FY 25	State
J	ESMP	537,015.80	FY 25	State
K	Title IIIB Ombudsman	32,067.00	FY 25	Federal, State, Local cash
L	INNU	4,657.49	FY 25	Federal
M	SHIP	27,879.00	FY 25	Federal
N	Title VII Elder Abuse	2,822.00	FY 25	Federal, State, Local cash
O	Title VII Ombudsman	8,330.43	FY 25	Federal, State
P	MIPPA ADRC	9,289.00	FY 25	Federal
Q	MIPPA SHIP	14,842.00	FY 25	Federal
R	MIPPA AAA	12,842.00	FY 25	Federal
S	PDS	20,097,633.00	FY 25	State
T				
U				
V				
W				

VII. Current Service Coverage Charts

List out all services provided and the respective funding sources to support older Kentuckians in the area. Previous state fiscal year should be used.

Supportive Services – Access Services					
Service	Offered	AAAIL service provider	Contracted service provider	Number of individuals served (previous SFY)	Funding source (use letter from funding source table above)
Assessment	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		
Transportation: Congregate	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	217	A
Transportation: Community	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Transportation: Escort	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Homecare: Personal Care	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	71	H
Homecare: Homemaker	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	78	H
Homecare: Chore	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Homecare: Minor Home Repair	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Information and Assistance	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	1058	C
Legal Assistance	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	76	C

Nutrition Services					
Service	Offered	AAAIL service provider	Contracted service provider	Number of individuals served (previous SFY)	Funding source (use letter from funding source table above)
Congregate Nutrition	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	959	A
Grab and Go	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	1153	D
Home Delivered Nutrition (frozen and food truck)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	735	D, J
Nutrition Education	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	1451	A, D, J
Nutrition Counseling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		

Health Promotion Services					
Service	Offered	AAAIL service provider	Contracted service provider	Number of individuals served (previous SFY)	Funding source (use letter from funding source table above)
Evidence Based Programs	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	159	E
Non-Evidence Based Programs	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	444	C

Caregiver for Older Adults					
Service	Offered	AAAIL service provider	Contracted service provider	Number of individuals served (previous SFY)	Funding source (use letter from funding source table above)

Assessment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Information and Assistance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	2873
Counseling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Training	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	5
Respite (in home)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	43
Respite (out of home day)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Respite (out of home night)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Respite (other)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Case Management	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	43
Support Groups	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	5
Supplemental Services	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	43

Older Relative Caregivers				
Service	Offered	AAAL service provider	Contracted service provider	Number of individuals served (previous SFY)
Assessment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Information and Assistance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	2927
Counseling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Training	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	15
Respite (in home)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Respite (out of home day)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Respite (out of home night)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Respite (other)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Case Management	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	38
Support Groups	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	27
Supplemental Services	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	30

Other Services				
Service	Offered	AAAL service provider	Contracted service provider	Number of individuals served (previous SFY)
Advocacy	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	69
Senior Center Services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Mental Health Services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Dementia Care Services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Housing or Shelter Assistance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
SHIP	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	2222
Elder Abuse Prevention	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	433
Telephone Reassurance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Ombudsman Services	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	433
Friendly Visitors	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
SCSEP	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	29
Recreation	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	744
Education	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	1086
Outreach	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	382

PDS	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	520	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		

For additional programs please fill in under the "Service" heading

VIII. Quality Assurance Process

The quality assurance process of service programs allows the AAAIL to highlight areas for continuous improvement by assessing program implementation and data collection. This will be obtained by the following measures:

- Needs Assessment
- Goals, Objectives, and Performance Measures

Needs Assessment: Describe all formats and sources used to evaluate the needs of the current AAAIL clients and those within the service area that are not currently receiving services for which they may be eligible. (include visual aid(s), survey results, etc.)

Currently KRADD AAAIL uses a needs assessment which is sent out electronically via QR code in the community to evaluate the needs of the individuals within the service area. The needs assessment is sent out by case managers and senior center staff as well. This survey is sent out every two years. The information collected from the needs assessment surveys are compiled and looked at to identify gaps/needs in service or dissatisfaction on the part of the clients. The surveys help our agency to adapt/change our service delivery to ensure meeting service needs of our community.

The results of our current FY 26 Needs assessment survey are below:

The top needs in our KY River Region were found to be Meals, Socialization/Activities & Events, Transportation, In-home services and information regarding Medicare/Medicaid benefits.

Based on the needs assessment results above rank the service area's top three needs and how they are being addressed in this area plan.

Rank	Need	Expectation
1	Meals/Socialization/activities and events	Addressing thru services at our local Senior Citizen Centers
2	In Home Services	Addressing thru services provided with our Homecare Program; advertising in home services more frequently and ADRC talking with callers about these services
3	Information Regarding Medicare/Medicaid Benefits	Addressing thru services provided at our Senior Centers and in the community with our SHIP Program and Community Partners

Gaps, Barriers, Needs to improve service delivery:

Describe gaps, barriers, and needs for the current aging programs and clients
<p>KRADD AAAIL needs to ensure that they continue to sustain and provide meals/activities/socialization in the Region for the elderly population. As always funding is a barrier that we must continue to work at in order to ensure we have the funds to continue to provide the services.</p>
<p>KRADD AAAIL continues to provide Homecare In Home Services one to two times a week in the homes of clients who are eligible. Many clients could use more than one to two times per week but due to the number of staff and funds with the Homecare program the time we are currently providing is all we can offer. The service provided does help clients but the extra time would be great. We do currently have a wait list for the Homecare program but due to funding we are unable to add on extra staff to serve the wait list clients. Our case managers work to find other potential services that can assist clients.</p>
<p>KRADD AAAIL does provide information on Medicare and Medicaid Benefits for our Elderly population. We do know that there can never be enough education and assistance on this for the elderly. We do feel we can improve on this service by having our SHIP Coordinator and Counselors doing more education in the community and out in our Senior Center sites.</p>
<p>Describe how the needs assessment and population data determine the future direction of the Area Plan and the aging program(s)</p>
<p>The needs assessment and population data determine the future direction of the Area Plan. The information collected from the needs assessment surveys are compiled and looked at to identify gaps/needs in service or dissatisfaction on the part of the clients. The surveys and population data help our agency to adapt/change our service delivery to ensure meeting service needs of our community.</p>

IX. Goals, Objectives, Performance Measures, and Strategies

Every goal should be written utilizing the SMARTIE (Specific, Measurable, Attainable, Relevant, Time-based, Inclusive, and Equitable) objective with key performance indicators.

State Goal 1	Increase access to public transportation services for seniors aged 60+ and individuals with disabilities in rural communities
Objective 1.1	By January 1, 2027, DALL will establish and conduct quarterly partnership meetings with the Kentucky Transportation Cabinet Office of Transportation Delivery (KYTC OTD) to expand collaboration with the Human Services Transportation Delivery Program, ensuring the perspectives of rural seniors and individuals with disabilities are represented.
Outcome/Performance Measures	<ol style="list-style-type: none"> 1. Strengthen collaboration between DALL and KYTC OTD leading to expanded Human Services Transportation Delivery Program (HTTP) partnerships with four meetings per year beginning January 1, 2027. 2. Increased alignment of state-level efforts to improve transportation access for seniors and individuals with disabilities in rural communities with two new collaborative activities per year. 3. Inclusion of senior and disability advocates results in more equitable transportation planning by adding four advocates who are a senior or an individual with disabilities.
Strategies and Actions	<ol style="list-style-type: none"> 1. Strengthen interagency coordination through structured quarterly meetings. 2. Engage state-level stakeholders to improve transportation accessibility. 3. Ensure representation from seniors and individuals with disabilities in transportation planning discussions. 4. Develop a standard meeting agenda including updates, collaboration opportunities, and transportation barriers identified by rural populations. 5. Invite representatives from DALL, KYTC OTD, AAAIL, ADRGs, disability advocacy groups, and rural transportation providers.
Objective 1.2	By August 1, 2027, each Area Agency on Aging and Independent Living (AAAIL) will develop and distribute a county-specific transportation resource guide based on the Kentucky Transportation Cabinet's 2022–2045 Long-Range Statewide Transportation Plan, ensuring seniors and individuals with disabilities in every rural county have access to clear, accessible information about available public service transportation providers.
Outcome/Performance Measures	<ol style="list-style-type: none"> 1. Seniors and individuals with disabilities in all rural counties have access to comprehensive, easy-to-read information about transportation options by August 1, 2027. 2. Increased awareness and utilization of available transportation services by providing county specific guides to each senior center in the region. 3. Reduced information gaps and barriers faced by rural residents who lack internet or transportation knowledge by providing each program participant access to the guide by August 1, 2027. 4. Upload digital versions to AAAIL and DALL websites by October 1, 2027. 5. Conduct short feedback surveys to assess readability and usefulness by June 30, 2028.
Strategies and Actions	<ol style="list-style-type: none"> 1. Create a standardized guide template (plain language, large print, and ADA-accessible digital format). 2. AAAILs collect county-specific details: provider names, service areas, eligibility rules, scheduling procedures, costs, and accessibility features which should include the caregiver can ride for free. 3. Use state transportation data to populate accurate, up-to-date provider listings. 4. Review the Kentucky 2022–2045 Long-Range Statewide Transportation Plan to identify active service providers in each county. 5. Collaborate with community partners to develop locally relevant, county-level guidance. 6. Finalize guides by May 1, 2027.
Objective 1.3	By January 1, 2028, DALL, ADRG, and local Aging staff will collaborate with existing rural transportation providers identified in the Kentucky 2022–2045 Long-Range Statewide

Transportation Plan to create a strategic plan that increases bus/shuttle frequency and/or introduces alternative modes of transportation (rideshare, volunteer driver programs).	
Outcome/Performance Measures	
<ol style="list-style-type: none"> 1. Increased ridership options among seniors and individuals with disabilities due to improved accessibility and service offerings will increase 10% from the baseline established in the 2022–2045 Long-Range Statewide Transportation Plan stakeholder surveys. 2. Establish at least 1 new transportation service option service in each planning service area by June 30, 2028. 	
Strategies and Actions	
<ol style="list-style-type: none"> 1. Identify rural transportation providers operating in the counties flagged in the 2022–2045 Statewide Plan. 2. Hold joint planning sessions to map service gaps, bus/shuttle frequency issues, and potential alternative transportation models. 3. Develop a written strategic plan that includes pilot opportunities, cost estimates, resource needs, and target populations. 4. Coordinate with volunteer driver programs, nonprofits, and rideshare companies (where feasible) to explore alternative mobility options. 	
Goal 1 Objective 1.4	By June 30, 2028, each Area Agency on Aging and Independent Living will ensure that at least one 5310 and/or 5311 transportation grant application for each eligible rural area is submitted to support expanded rural public transit options for seniors aged 60+ and individuals with disabilities to enhance essential services.
Outcome/Performance Measures	
<ol style="list-style-type: none"> 1. Number of 5311 grant applications submitted from eligible rural areas will increase by 50% by June 30, 2028. 2. DALL will coordinate two technical assistance sessions for 5310/5311 grant submissions by beginning January 1, 2027. 	
Strategies and Actions	
<ol style="list-style-type: none"> 1. Use Kentucky 2022–2045 Long-Range Statewide Transportation Plan to support high-quality applications. 2. Identify all counties or regions eligible for Section 5310/5311 funding. 3. Track the number and status of all applications submitted and awarded. 	
K4A Goal 2	Launch statewide outreach awareness campaign for older adults and caregivers to expand awareness of the Aging program services and increase Aging program calls and referrals by 5% each fiscal year within the area plan (FY 27, 28, & 29) totaling 15% by the end of June 30, 2029.
Goal 2 Objective 2.1	Create a unified statewide media packet for each district to use by December 31, 2026 for the statewide launch on January 4, 2027.
Outcome/Performance Measures	
Each ADD district will use the statewide database, Mon Ami, to track the number of calls and referrals on a monthly basis.	

Strategies and Actions	
1. Each ADD district distributes information flyers on Aging Program services from the media packet to all district senior centers, libraries, community centers, at community meetings, health departments, churches, doctor offices, and schools per quarter each fiscal year starting in January 2027. 2. Post information flyers on social media and in newspapers and radio on Aging Program services per quarter each fiscal starting in January 2027.	
Goal 2 Objective 2.2	Utilize the ADRC program to help in tracking the process on the outreach awareness campaign.
Outcome/Performance Measures	
Each District's ADRC will be able to utilize Mon Ami data to show the impact of the outreach awareness campaign during the referral process and by tracking the number of calls and referrals monthly.	
Strategies and Actions	
1. Develop and add a question to the ADRC intake referral process to capture how the public is hearing about ADD District's Aging Program by December 31, 2026. 2. Customize a data report in Mon Ami database to track this information by December 31, 2026.	
Goal 2 Objective 2.3	Each ADD District will increase their presence in the district's community by calibrating often with current and new potential community providers.
Outcome/Performance Measures	
These activities will be tracked in Mon Ami database system by a Mon Ami customized report beginning on January 4, 2027.	
Strategies and Actions	
ADRC and Aging staff will focus on increasing 5 % in attendance at activities for community events with current and new potential community partners each fiscal year.	
K4A Goal 3	Increase volunteer involvement and new enrollment in each ADD district focusing on the Ombudsman, SHIP, and senior centers programs by 5% each fiscal year within the area plan (FY 27, 28, & 29) totaling 15% by the end of June 30, 2029.
Goal 3 Objective 3.1	Launch a unified strategy statewide to attract new volunteers for the Ombudsman, SHIP, and senior center programs through outreach and marketing efforts by December 31, 2026.
Outcome/Performance Measures	
These activities will be tracked by Mon Ami database system and STARS program each quarter to focus on the impact of volunteer involvement and increase in hours volunteered starting on January 4, 2027.	
Strategies and Actions	
Host a recruiting event in-person and by zoom 1x a quarter in the Ombudsman, SHIP, and/or senior center programs for each fiscal year in each ADD district starting on January 4, 2027.	
Goal 3 Objective 3.2	Utilize district senior centers, libraries, community centers, community meetings, health clinics, health departments, churches, doctor offices, and schools per quarter each fiscal year starting in January 2026 to promote to increase volunteer hours worked and track new volunteer enrollment.
Outcome/Performance Measures	
These activities will be tracked by Mon Ami database system and STARS program each quarter to track the attendance/or volunteer enrollment/activities.	
Strategies and Actions	

Ombudsman, volunteer, center staff, or other Aging staff will schedule and conduct an education session 1x per quarter on the benefits of volunteering in communities at district senior centers, libraries, community centers, community meetings, health departments, churches, doctor offices, and schools per quarter beginning in January 2027.

Goal 3 Objective 3.3 Increase volunteer participation with current and new volunteers with appreciation and training strategies.

Outcome/Performance Measures

These activities will be tracked by Mon Ami database system and STARS program each quarter to track the number of hours of training and volunteer activities starting January 4, 2027.

Strategies and Actions

1. Feature a volunteer of each quarter in your newsletter, social media, newspaper, and/or radio to spotlight the programs, volunteer's story, what they do, and why they are valued starting January 4, 2027.
2. Invest in more training opportunities for volunteers to enhance effectiveness, efficiency, and appreciation by hosting training each quarter and yearly in service training and appreciation events for the SHIP, Ombudsman, and/or senior center program beginning in January 2027.

**AAAIL
Goal 4**

Launch campaign to raise awareness of abuse, neglect, and exploitation in the KY River Region. Increased reports of elder abuse in the Eastern Mountain Service Region each fiscal year within the area plan cycle (FY 27, 28 & 29). Increase awareness amongst the elderly population that we serve of elder abuse and who to make reports to by 5% each year of the area plan timeline (FY 27, 28 & 29). Educational packet will be put together and presentations scheduled by December 31, 2026 for the launch of our campaign on January 4, 2027.

Goal 4 Objective 4.1

Increase Older Adults' Awareness of Elder Abuse, Neglect, and Exploitation by FY 29 with workshops, presentations, outreach events to distribute elder abuse educational materials. Educational Packet will be organized and Pre/Post survey will be created and used to measure awareness at all workshops, presentations and outreach events.

Outcome/Performance Measures

KRADD will use a pre and post survey with each workshop, presentation and outreach event to measure increased awareness. Educate individuals/older adults on the signs of abuse and who to contact for help. **FY 27:** 50% of participants show increased awareness, **FY 28:** 55% of participants show increased awareness, **FY 29:** 60% of participants demonstrate improved knowledge of elder abuse signs and reporting procedures.

Strategies and Actions

- Conduct workshops and presentations at senior centers, faith-based groups, libraries, and community centers on a monthly basis.
- Distribute appropriate educational materials, including educational packet (put together by KRADD) and wallet cards with reporting information.
- Include abuse-awareness segments in home visits, congregate meal programs, and caregiver support groups.
- Use local media (radio, newspaper, social media) to reinforce messaging

Goal 4 Objective 4.2	
Strengthen Community and Provider Capacity to Recognize and Report Elder Abuse by FY 29	
Outcome/Performance Measures	
KRADD will use a pre/post survey with each workshop, presentation and outreach event in the community to measure increased ability to recognize elder abuse & how to report elder abuse among staff, volunteers and community partner/agencies. FY 27: 50% of individuals show increased knowledge of elder abuse signs and reporting procedures, FY 28: 55% of participants show increased knowledge of elder abuse signs and reporting procedures, FY 29: 60% of participants demonstrate improved knowledge of elder abuse signs and reporting procedures.	
Strategies and Actions	
<ul style="list-style-type: none"> • Provide annual mandatory training for AAAIL staff, volunteers, and partner agencies on elder abuse recognition and reporting. • Expand training to nontraditional partners (banks, postal carriers, EMS, faith groups). • Develop a regional Elder Abuse Response Guide with APS contacts, hotlines, and referral pathways. • Conduct monthly elder abuse council meetings with all partner agencies to review trends and share best practices. 	
Goal 4 Objective 4.3	Increase Reporting of Elder Abuse in the Eastern Mountain Service Region by FY 29 thru media campaigns and community events.
Outcome/Performance Measures	
KRADD will achieve year over year increase in elder abuse reports within the region. KRADD will work in partnership with APS to monitor report totals and monitor the trends in reporting for increase in reports within the Eastern Mountain Service Region. FY 27: Initial increase in elder abuse reporting (baseline established via work with APS), FY 28: 5% increase in reports from previous year, FY 29: Sustained year-over-year increase; community demonstrates greater confidence in reporting suspected abuse.	
Strategies and Actions	
<ul style="list-style-type: none"> • Conduct annual media campaigns during Elder Abuse Awareness Month (June). • Conduct quarterly media campaigns to raise awareness and promote the APS hotline • Monitor local trends to identify underreported areas and adjust outreach accordingly. 	
AAAIL Goal 5	Launch Regional awareness campaign to raise awareness of suicide warning signs, promoting 988, and improving community capacity to respond to suicide risk in older adults. Increase awareness of suicide warning signs and 988 by 5% each fiscal year within the Area Plan (FY 27, 28, 29) totaling 15% by the end of June 30, 2029.
Goal 5 Objective 5.1	Establish a Regional Suicide Prevention Network Focused on Older Adults by December 31, 2026 for the Regional launch on January 4, 2027 that will work to coordinate suicide prevention for older adults
Outcome/Performance Measures	
KRADD will build a network to coordinate suicide prevention for older adults. KRADD will have at least 15 partner agencies engaged by FY 29. Quarterly meetings will be held with in the area plan	

cycle (FY 27, 28 and 29). KRADD will keep log of meetings and sign in sheets for number of participants. **FY 27:** Network established; at least 10 partners actively participating, **FY 28:** Network fully functional with standardized protocols in place, **FY 29:** 15 partners engaged; network sustainable and fully integrated into regional response systems.

Strategies and Actions

1. Identify and recruit regional partners including behavioral health providers, aging services, first responders, hospitals, and senior centers.
2. Host quarterly network meetings to share resources, protocols, and best practices.
3. Develop a shared referral and follow-up protocol for at-risk older adults.
4. Create a regional directory of mental health and crisis resources highlighting 988.

Goal 5 Objective 5.2

Increase Community Awareness of Suicide Warning Signs within the KY River Region by FY 29 with an educational packet and pre/post survey

Outcome/Performance Measures

KRADD will educate caregivers, community members, agencies and AAAL staff on how to recognize suicide warning signs. Pre and Post Survey will be given to individuals who get informational materials and information at any AAAL programming events. Individuals will demonstrate increased knowledge in identifying suicide risk during area plan timeline via pre/post survey. 50% in FY 27, 55% in FY 28, 60% in FY 29.

Strategies and Actions

1. Conduct workshops at senior centers, libraries, and caregiver events.
2. Provide training for AAAL staff, volunteers, meal-delivery drivers, and caregivers (QPR, Mental Health First Aid – Older Adults).
3. Develop packet of educational materials and distribute educational materials on warning signs and risk factors.
4. Promote awareness through local media: newspapers, radio, and social media

Goal 5 Objective 5.3

Increase Awareness and Use of 988 Suicide & Crisis Lifeline Among Older Adults by FY 29 with an educational packet and pre/post survey

Outcome/Performance Measures

KRADD will educate older adults on suicide warning signs and about 988 with an educational packet organized and given out to increase knowledge. Pre and Post Survey will be given to individuals who get informational materials and information at any AAAL programming events. Individuals will demonstrate increased knowledge on suicide warning signs and about 988 during area plan timeline via pre/post survey; 50% in FY 27, 55% in FY 28, 60% in FY 29.

Strategies and Actions

1. Launch a regional awareness campaign: **“Know the Signs. Make the Call. 988.”**
2. Distribute 988 materials at senior centers, clinics, pharmacies, shelters, meal programs, and libraries.
3. Integrate 988 promotion into AAAL programming: home visits, congregate meals, caregiver support groups.
4. Promote 988 via local media and public events.
5. Provide refresher trainings to staff and volunteers on how to guide older adults in accessing 988.

Attachment A

Contracts with Outside Organizations

List of all contracts with other organizations.

Important Note: All contractual relationships with an organization requires DALL prior approval not less than thirty (30) days prior to signing of contract by the area agency and service provider.

**** ALL NON-RELATED AGING CONTRACTS ARE DETAILED IN THE KRADD AUDIT AND COST ALLOCATION PLAN, WHICH IS INCLUDED AS AN ATTACHMENT. LINK TO KRADD COST ALLOCATION PLAN**

Contract Organizations					
Name	Services provided (list all)	Units of services provided	Cost/Unit of Service	For profit	Non- Profit
Isom IGA	Letcher Co Congregate Meals		7.50	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Moms Meals/Purfoods	Home Delivered Meals for (Lee, Owsley, Breathitt, Wolfe, Knott, Letcher, Leslie, Perry counties)		8.80	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Knott Co Fiscal Court	Home Delivered, Congregate, IIIB Services for Knott County		Congregate – \$10.89 HDM –\$ 7.24 IIIB – Advocacy – \$5.00 Education – \$2.35 Information –\$ 2.08 Health Promotion – \$2.50 Public Education – \$2.10 Outreach – \$2.00 Recreation – \$4.88 Transportation – \$5.45	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Leslie Co Fiscal Court	Home Delivered, Congregate and IIIB Services for Leslie County		Congregate – \$11.47 HDM –\$ 10.19 IIIB – Advocacy – \$2.00 Education – \$2.01 Information –\$ 5.00	<input type="checkbox"/>	<input checked="" type="checkbox"/>

			Health Promotion – \$5.00 Public Education – \$4.00 Outreach – \$3.75 Recreation – \$3.15 Transportation – \$10.53		
Appalred Research & Defense Fund	Legal Services IIIB		32.50	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Breathitt Co Senior Citizens	IIIB Services		IIIB – Education – \$2.35 Information – \$2.08 Health Promotion – \$2.50 Public Education – \$2.10 Outreach – \$2.00 Recreation – \$4.88 Transportation – \$5.45	<input type="checkbox"/>	<input checked="" type="checkbox"/>
VDC	Veterans Directed Care Services	NA	NA	<input type="checkbox"/>	<input checked="" type="checkbox"/>
				<input type="checkbox"/>	<input type="checkbox"/>
				<input type="checkbox"/>	<input type="checkbox"/>
				<input type="checkbox"/>	<input type="checkbox"/>

Attachment B

Waiver & Special Request Approvals

DIRECT SERVICE WAIVER REQUEST FOR THE PERIOD OF THE PLAN

Instructions: In accordance with Section 316 of the Older Americans Act (Chapter 35, 42 U.S.C. 3030c-3) Area Agencies on Aging will submit all the required items listed below to the Department for Aging and Independent Living when initially requesting to provide a service directly. Contact the appropriate Programs Field Representative for more information.

Statement of Request

Provide a separate request for each service (add additional tables as necessary)

Service	HOME DELIVERED MEALS
Actions taken prior to determination of direct service provision	In years past, the Home Delivered Meals in the KY River Region was contracted by three different agencies to provide the home delivered meal services for Lee, Wolfe, Owsley, Breathitt, Letcher, and Perry counties. The agencies pulled their contracts due to need for higher unit cost. KRADD AAAIL had no competitive bids in the area and had no choice but to do direct services for Lee, Wolfe, Owsley, Breathitt, Letcher, and Perry counties. KRADD AAAIL is requesting a waiver to directly provide home delivered meal services for Letcher, Perry, Lee, Owsley, Wolfe and Breathitt Counties. Our agency has looked at ways to stretch our funding dollars for meals.

	By setting up an agreement with Mom's Meals to do our Home Delivered Meals this would really help with costs.
Name(s) of potential providers contacted and their responses	Mom's Meals – has set up and agreement with KRADD AAAIL to provide the meals
Name(s) of newspapers and/or publications and documentation of the announcement of the availability of funds	Advertised in all local papers (Hazard Herald, Breathitt Voice, Mountain Eagle, Leslie County News, Wolfe Co News, Beattyville Enterprise and Booneville Sentinel). Also, advertised on KRADD Facebook page.
Scope of work	KRADD AAAIL would provide older adults with Home Delivered Meals in <u>Lee, Wolfe, Owsley, Breathitt, Perry & Letcher Counties</u> . We request a waiver to provide direct services in these counties. KRADD AAAIL will set up an agreement with Mom's Meals. C2- Home Delivered Meals would be provided to home delivered meal clients. Mom's Meals would send KRADD AAAIL an invoice for the meals. Each eligible home delivered client will place orders every two (2) weeks with Mom's Meals (<i>if client unable to do this staff person will assist with ordering meals for them</i>), Mom's Meals will provide 10 fresh meals every two (2) weeks by Fed X or UPS to the client's home in protective packaging to preserve the meals, clients will be given directions on how to prepare these fresh meals with meal delivery. All home delivered meal clients will be called weekly.

Service	HOME DELIVERED MEALS
Actions taken prior to determination of direct service provision	The Home Delivered Meals in <u>Knott and Leslie Co</u> are contracted by two different agencies to provide the home delivered meal services. Both counties have looked at ways to stretch their funding for meals. Both of these agencies would like to set up an agreement with Mom's Meals to provide their Home Delivered meals. This would cut cost due to reduction in local funding (coal severance tax funding); this really helps with transportation costs as well.
Name(s) of potential providers contacted and their responses	

	Mom's Meals – Providers have set up an agreement to provide the meals
Name(s) of newspapers and/or publications and documentation of the announcement of the availability of funds	Advertised in all local papers (Hazard Herald, Breathitt Voice, Mountain Eagle, Leslie County News, Wolfe Co News, Beattyville Enterprise and Booneville Sentinel). Also, advertised on KRADD Facebook page.
	Knott Co Fiscal Court (Senior Center Program) would provide older adults with Home Delivered Meals in Knott Co. Leslie Co Fiscal Court (Senior Center Program) would provide older adults with Home Delivered meals in Leslie Co.
Scope of work	Knott Co Fiscal Court and Leslie Co Fiscal Court will set up an agreement with Mom's Meals. C2-Home Delivered Meals would be provided to home delivered meal clients. Mom's Meals would send Knott Co Fiscal Court and Leslie Co Fiscal Court an invoice for the meals. Each eligible home delivered client will place orders every two (2) weeks with Mom's Meals (<i>if client unable to do this staff person will assist with ordering meals for them</i>), Moms Meals will provide 10 fresh meals every two (2) weeks by Fed X or UPS to the client's home in protective packaging to preserve the meals, clients will be given directions on how to prepare these fresh meals with meal delivery. All home delivered meal clients will be called weekly.

Service	HEMECARE
Actions taken prior to determination of direct service provision	In years past, the Homecare Program in the KY River Region was contracted three different agencies to provide in home services for the Homecare Program in our KY River Region. The agencies pulled their contracts due to need for higher unit cost and inability to keep trained Homecare aide staff. KRADD AAAIL had no competitive bids in the area and had no choice but to do direct services for Lee, Wolfe, Owsley, Knott, Letcher, Leslie, Perry and Breathitt counties. KRADD AAAIL is requesting a waiver to provide direct in-home

	<p>services for Letcher, Leslie, Knott, Perry, Lee, Owsley, Wolfe and Breathitt Counties.</p> <p>Our agency wants to provide the services in order to keep costs down and provide the homebound, rural, frail elderly in Lee, Owsley, Wolfe, Letcher, Leslie, Knott, Perry and Breathitt counties with the best in-home service possible. We have no other providers who want to do the service. We felt bringing the direct services in house could be achieved and at a cheaper cost per unit. We did not have anyone bid during this RFP cycle for the service.</p>
Name(s) of potential providers contacted and their responses	<p>Middle KY Community Action/LKLP Community Action</p> <p>Response: Need higher unit cost than can be granted</p>
Name(s) of newspapers and/or publications and documentation of the announcement of the availability of funds	<p>Advertised in all local papers (Hazard Herald, Breathitt Voice, Mountain Eagle, Leslie County News, Wolfe Co News, Beattyville Enterprise and Booneville Sentinel). Also, advertised on KRADD Facebook page.</p>
Scope of work	<p>KRADD AAAIL would provide the services in order to keep costs down and provide the homebound, rural, frail elderly in Lee, Owsley, Wolfe, Letcher, Leslie, Knott, Perry and Breathitt counties with the best in-home service possible. We have no other providers who want to do the service. We felt bringing the direct services in house could be achieved and at a cheaper cost per unit. We did not have anyone bid during this RFP cycle for the service.</p> <p>KRADD AAAIL will employ trained and supervised aides to provide in-home services to these counties. KRADD AAAIL staff will maintain schedules for clients and clients will be surveyed for quality assurance. KRADD AAAIL staff will maintain record of all units in the State Data System.</p>

Service	POTLUCK
Actions taken prior to determination of direct service provision	

	In looking for ways to stretch our funding we were wanting to allow providers the Potluck meal option to help out with meal costs. This request was initially made in July 2017.	
Name(s) of potential providers contacted and their responses	Spoke with all Senior Centers in the KY River Region to ask if this is something they want to offer. They were all in agreement that this would be a good option.	
Name(s) of newspapers and/or publications and documentation of the announcement of the availability of funds	No post	
Scope of work	We would like allow meal providers the option of having Potluck at Congregate sites each Friday throughout the Kentucky River Region (Lee, Owsley, Breathitt, Wolfe, Knott, Letcher, Leslie and Perry Counties). The potluck would be a sponsored day. Sponsorship would be obtained on the day potluck is offered and offer "Pizza Potluck" or something that is prepared in a local food establishment. The potluck would not be something that is brought from individual client homes to decrease the risk of getting anyone sick.	

Service	IIB & IID Services	
	Directly provide IIB & IID services for Letcher, Perry, Lee, Owsley, and Wolfe County:	
Actions taken prior to determination of direct service provision	In years past, the IIB & IID Programs in the KY River Region was contracted with three different agencies to provide the service in our KY River Region. Those agencies were Letcher Co Fiscal Court, Perry Co Fiscal Court, and Middle KY Community Action. We have not gotten any bids on this service during RFP cycles since. Our agency would like to request a waiver to directly provide IIB and IID services in Letcher, Perry, Lee, Owsley and Wolfe Counties.	
Name(s) of potential providers contacted and their responses	Letcher Fiscal Court, Perry Fiscal Court and Middle KY Community Action are potential providers but due to costs decided to terminate their contract with KRADD AAAIL to offer IIB and IID services. They have not bid since. No other bids have been received since.	
Name(s) of newspapers and/or publications and documentation		

of the announcement of the availability of funds	Advertised in all local papers (Hazard Herald, Breathitt Voice, Mountain Eagle, Leslie County News, Wolfe Co News, Beatyville Enterprise and Booneville Sentinel). Also, advertised on KRADD Facebook page.
Scope of work	How we intend to provide Title III-B & Title III-D services for Lee, Owsley, Perry, Letcher, Owsley and Wolfe Counties: Staff will be employed by KRADD AAAIL and be under the supervision of Human Service Director. We will use the current Senior Center in each county in partnership with county, city governments in order to offer a site to do the IIB and IID activities for the elderly population.

Service	C1 CONGREGATE MEALS
Actions taken prior to determination of direct service provision	Directly provide C1 services for Letcher, Perry, Lee, Owsley, Breathitt, and Wolfe Counties: In years past, the Congregate Meal Program in the KY River Region was contracted with three different agencies to provide the service in our KY River Region. Those agencies were Letcher Co Fiscal Court, Perry Co Fiscal Court, and Middle KY Community Action. We have not gotten any bids on this service during RFP cycles since. We have not gotten any bids on this service during RFP cycles since. (Lee, Owsley, Breathitt, Wolfe)
Name(s) of potential providers contacted and their responses	Letcher Fiscal Court, Perry Fiscal Court and Middle KY Community Action are potential providers but due to costs decided to terminate their contract with KRADD AAAIL to offer C1 services. They have not bid since.
Name(s) of newspapers and/or publications and documentation of the announcements of the availability of funds	Advertised in all local papers (Hazard Herald, Breathitt Voice, Mountain Eagle, Leslie County News, Wolfe Co News, Beatyville Enterprise and Booneville Sentinel). Also, advertised on KRADD Facebook page.
Scope of work	We intend to provide C1 services for Lee, Owsley, Breathitt, Wolfe, Letcher, and Perry Counties. Staff will be employed by KRADD AAAIL and be under the supervision of Human Service Director. We will provide C1-Congregate Meals at Lee, Owsley, Wolfe, Letcher,

	Perry and Breathitt County Senior Citizens Center. We will use the current Senior Center in each county in partnership with county, city governments to offer the CI services.
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Service	FOOD TRUCK
Actions taken prior to determination of direct service provision	Directly provide Food Truck services for Letcher, Perry, Lee, Owsley, Breathitt, Knott, Leslie, and Wolfe Counties.
Name(s) of potential providers contacted and their responses	None
Name(s) of newspapers and/or publications and documentation of the announcement of the availability of funds	None
Scope of work	KRADD AAAIL intends to provide Food Truck Meal services for Lee, Owsley, Breathitt, Wolfe, Knott, Letcher, Leslie and Perry Counties. Staff will be employed by KRADD AAAIL and be under the supervision of Human Service Director. KRADD AAAIL will provide food truck meals at isolated areas in the counties of Lee, Owsley, Wolfe, Letcher, Leslie, Knott, Perry and Breathitt Counties. Monthly calendar for advertising the meals will be developed and used. Food Truck Sites in each county will be determined by KRADD AAAIL staff.

Attachment C

Area Advisory Council

This Council, mandated by the federal 1965 OAA and 910 KAR 1:220 (5), advises the AAAIL on all community policies, programs, and actions affecting older persons throughout the region. The Council also reviews and advises the AAAIL on its annual Area Plan, a report, and the needs assessment of services and assistance throughout the region required by DAL.

At least half of the Council is composed of regional residents 60 years and older, including minority individuals, who participate in or are eligible for OAA Title III programs such as general support services, nutrition programs, and caregiver support. The remaining Council membership includes representatives of healthcare and support service providers, local officials, and other interested individuals.

Area Agency Advisory Council:

Council Member Name	Council role per 910 KAR 1:220 (5)(1)(b)	Term
Sondra Caudill	Council member 60+	3 year
Jeff Caudill	Council member 60+	3 year
Bryan Marcum	Council member 60+	3 year
Scott Lockard	Council member Representative of healthcare agency	3 year
Lowell Hamilton	Council member 60+	3 year
Della Thomas	Council member 60+	3 year
Wanda Morgan	Council member 60+	3 year
Janice Wooton	Council member 60+	3 year
Lesa Marcum	Council member Representative of community agency	3 year
Leota Fugate	Council member Representative of community agency	3 year
Heather Hicks	Council member Representative of community agency	3 year
Karen Back	Council member Representative of community agency	3 year
Connie Conley	Council member 60+	3 year
Judge Scott Alexander	Council member Local Official	3 year
Joel Brashear	Council member Representative of community agency	3 year
Eugenia Stewart	Council member Representative of community agency	3 year
Drewey Lovins	Council member Local Official	3 year
Meriwether Wash-Hall	Council member Representative of community agency	3 year
Judge Raymond Banks	Council member Local Official	3 year

Jack Banks	Council member Representative of community agency	3 year
Shirley Halcomb	Council member 60+	3 year
Pam Pilgrim	Council member 60+, Representative of Community Agency	3 year
Judge Jeff Dobson	Council member Local Official	3 year
Paul Olinger	Council member 60+, minority individual	3 year
Larry Parke	Council member 60+	3 year
Judge Zeke Little	Council member Local Official	3 year
Melodie Robinson	Council member 60+, Representative of Services Provider	3 year
Rich Buntin	Council member 60+, Representative of Services Provider	3 year
Dena Brooks	Council member Representative of Services Provider	3 year
Darlene Best	Council member Representative of Services Provider	3 year
Heather Trout	Council member Representative of Services Provider	3 year
Jane Olinger	Council member 60+, Representative of Services Provider, minority individual	3 year
Teresa Bowling	Council member, Representative of Services Provider	3 year

add additional lines as necessary

Attachment D

Public Hearing: The AAALL must seek public input with respect to the area plan by:

- Allowing the advisory council to aid the AAALL in conducting public hearings to ensure that individuals of the greatest social and greatest economic need are included in the hearings.
- The advisory council shall review and provide comments related to the area plan to the area agency prior to the area agency's submission of the plan to the State agency for approval.

Date Area Plan available for review		Place available for review
January 2026		KRADD Boardroom

Public Hearing		
Date/Time	Location/Method	Number of participants
1/15/2026	KRADD Boardroom	??

Attachment E

Submission Instructions

1. Area Plan Important Dates:

Area Plan form released by DAIL	September 25, 2025
Area Plan Training Session 1	September 25, 2025
Area Plan Training Session 2	October 14, 2025
DAIL Office Hours	November 3, 2025, 11 am EST
DAIL Office Hours	November 12, 2025, 2 pm EST
DAIL Office Hours	December 11, 2025 2 pm EST
Area Plan Submission Date	March 1, 2026
Area Plan Presentation	April 23, 2026
Approval of Area Plans	May 1, 2026
Area Plans effective	July 1, 2026

2. Formatting Requirements

- The Area Plan document will be required to include all required fields in the template
- Include a footer listing the name of the Name of AAAIL/Region, Document year of plan
For example: *Department for Aging and Independent Living-Area Plan_2027-2029*
- You are encouraged to use pictures to help enhance the impact of your services when appropriate.

3. Electronic Submission

- Area Plans must be submitted electronically to the Department for Aging and Independent Living email at DAILAging@ky.gov by March 1.
- Signature forms must include a written signature and be submitted as an additional document along with the completed Area Plan.
- The electronic submission should include the following documents:
 - Completed Area Plan Document
 - Signature Forms with written signature
 - Other forms and charts as required

4. Presentation

- A virtual presentation of your Area Plan will be required as part of the approval process.
- Presentations should be 30 minutes and allow an additional 15 minutes for questions.
- Presentations will take place at a time and location to be determined.
- Plans will not be approved without a virtual presentation.

Attachment F

STANDARD ASSURANCES - OLDER AMERICANS ACT (OAA) Public Law 89-73, 42 U.S.C.A. § 3001, et seq., as amended

I) ORGANIZATIONAL ASSURANCES

1. SEPARATE ORGANIZATIONAL UNIT

If the Area Agency on Aging has responsibilities which go beyond programs for the elderly, a separate organizational unit within the agency has been created which functions only for the purposes of serving as the Area Agency on Aging.

2. FULL TIME DIRECTOR

The Area Agency or the separate organizational unit which functions only for the purposes of serving as the Area Agency on Aging is headed by an individual qualified by education or experience, working full-time solely on Area Agency on Aging functions and Area Plan management.

II) AREA AGENCY MANAGEMENT COMPLIANCE ASSURANCES

3. EQUAL EMPLOYMENT OPPORTUNITY (5CFR Part 900, Subpart F)

The Area Agency assures fair treatment of applicants and employees in all aspects of personnel administration without regard to political affiliation, race, color, national origin, sex, religious creed, age, or handicap and with proper regard for their privacy and constitutional rights as citizens. This "fair treatment" principle includes compliance with the Federal equal employment opportunity and nondiscrimination laws. These include Title VII of the Civil Rights Act of 1964, the Equal Pay Act of 1963, the Age Discrimination in Employment Act of 1967, the Rehabilitation Act of 1973, the Americans with Disabilities Act, and other relevant laws

4. EMERGENCY MANAGEMENT PLAN

The Area Agency has assigned primary responsibility for Emergency Management planning to a staff member; the Area Emergency Management Plan which was developed in accordance with the Kentucky Department for Aging and Independent Living (and hereafter DAIL) shall be reviewed at least annually and is revised as necessary. The Area Agency also assures cooperation subject to client need in the use of any facility, equipment, or resources owned or operated by the DAIL which may be required in the event of a declared emergency or disaster.

As in Sec. 306(a)(16) or (17), the Area Agency shall include information detailing how the Area Agency on aging will coordinate activities and develop long-range emergency response plans with local and State emergency response agencies, relief organizations, local and State governments, and any other institutions that have responsibility for relief service delivery.

5. DIRECT PROVISION OF SOCIAL SERVICES

No Title III supportive services, nutrition services, or in-home services are being directly provided by the Area Agency except where provision of such services by the Area Agency has been determined by the DAIL to be necessary in assuring an adequate supply of such services; or where services are directly related to the AAAIL administrative functions; or where services of comparable quality can be provided more economically by the Area Agency.

6. REVIEW BY ADVISORY COUNCIL

The Area Agency has provided the Area Agency Advisory Council the opportunity to review and comment on the Area Plan and operations conducted under the plan.

7. ATTENDANCE AT STATE TRAINING

The Area Agency assures that it will send appropriate staff to those training sessions required by the DALL.

8. PROPOSAL FOR PROGRAM DEVELOPMENT AND COORDINATION

The Area Agency has submitted the details of its proposals to pay for program development and coordination as a cost of supportive services to the general public (including government officials, and the aging services network) for review and comment. The Area Agency has budgeted its total allotment for Area Plan Administration before budgeting Title III-B funds for Program Development in accordance with 45 CFR 1321.17(14).

9. COMPETITIVE PROCESS FOR NUTRITION PROVIDERS, SUPPORTIVE SERVICES PROVIDERS, AND FOOD VENDORS

- a) Nutrition providers and supportive service providers will be selected through competitive negotiations or a Request for Proposal process. Documentation will be maintained in the Area Agency files.
- b) Nutrition service providers who have a central kitchen or who prepare food on-site must obtain all food and supplies through appropriate procurement procedures, as specified by the DALL.
- c) Food vendors will be selected through a competitive sealed bid process.
- d) Nutrition service providers who have a central kitchen or who prepare meals on-site must develop a food service proposal.
- e) Copies of all Requests for Proposals and bid specifications will be maintained at the Area Agency for review.

10. REPORTING

The Area Agency assures that it will maintain required data on the services included in the Area Plan and report such data to the DALL in the form and format requested.

11. NO CONFLICT OF INTEREST

No officer, employee, or other representative of the Area Agency on Aging is subject to a conflict of interest prohibited under this Act; and mechanisms are in place at the Area Agency on Aging to identify and remove conflicts of interest prohibited under this Act.

III) SERVICE PROVISION ASSURANCES

12. MEANS TEST

No Title III service provider uses a means test to deny or limit receipt of Title III services under the Area Plan.

13. EQUAL EMPLOYMENT OPPORTUNITY BY SERVICE PROVIDERS

The Area Agency assures that service providers provide fair treatment of applicants and employees in all aspects of personnel administration without regard to political affiliation, race, color, national origin, sex, religious creed, age, or handicap and with proper regard for their privacy and constitutional rights as citizens. This "fair treatment" principle includes compliance with the Federal equal employment opportunity and nondiscrimination laws. These include Title VII of the Civil Rights Act of 1964, the Equal Pay Act of 1963, the Age Discrimination in Employment Act of 1967, the Rehabilitation Act of 1973, the Americans with Disabilities Act, and other relevant laws.

14. STANDARDS/GUIDELINES/POLICIES AND PROCEDURES

The Area Agency and all service providers will comply with all applicable DALL standards, guidelines, policies, and procedures.

NOTE: No additional waiver of the Multi-Purpose Senior Center (MPSC) Standards is necessary IF the Area Agency has previously obtained such a waiver AND there have been no changes since the submission of the waiver request.

15. SPECIAL MEALS

Each nutrition program funded under the Area Plan is providing special meals, where feasible and appropriate, to meet the particular dietary needs, arising from the health requirements, religious requirements, or ethnic backgrounds of eligible individuals.

16. CONTRIBUTIONS

Older persons are provided an opportunity to voluntarily contribute to part or all of the cost of Title III services received under the Area Plan, in accordance with procedures established by the DALL. Title III services are not denied based on failure to contribute.

The area agency on aging shall ensure that each service provider will-

- A. Provide each recipient with an opportunity to voluntarily contribute to the cost of the service.
- B. Clearly inform each recipient that there is no obligation to contribute and that the contribution is purely voluntary;
- C. Protect the privacy and confidentiality of each recipient with respect to the recipient's contribution or lack of contribution;
- D. Establish appropriate procedures to safeguard and account for all contributions; and
- E. Use all collected contributions to expand the service for which the contributions were given and to supplement (not supplant) funds received under this act.

Voluntary contributions shall be allowed and may be solicited for all services for which funds are received under this Act if the method of solicitation is not coercive. Such contributions shall be encouraged for individuals whose self-declared income is at or above 185 percent of the poverty line, at contribution levels based on the actual cost of services.

17. PERSONNEL POLICIES

Written personnel policies affecting Area Agency and service provider staff have been developed to include, but are not limited to, written job descriptions for each position; evaluation of job performance; annual leave; sick leave; holiday schedules; normal working hours; and compensatory time.

18. COORDINATION WITH TITLE V NATIONAL SPONSORS

The Area Agency will meet at least annually with the representatives of Title V Older American Community Service Employment Program (formerly SCSEP) sponsors operating within their Planning and Service Areas (PSAs) to discuss equitable distribution of enrollee positions within the PSA and coordinate activities as appropriate.

19. PREFERENCE IN PROVIDING SERVICES

The Area Agency on Aging provides assurance that preference will be given to services to older individuals with the greatest economic need and older individuals with the greatest social need, (with particular attention to low-income older individuals, including low-income minority older individuals, older individuals with limited English proficiency, and older individuals residing in rural areas) and include proposed methods of carrying out the preference in the Area Plan. [Section 305(a)(2)(E)]

IV) TITLE III, PART A ASSURANCES

The Area Agency on Aging assures that it shall --

20. Sec. 306(a)(2) - provide assurances that an adequate proportion, as required under section 307(a)(2), of the amount allotted for part B to the planning and service area will be expended for the delivery of each of the following categories of services-

- A. Services associated with access to services (transportation, health services (including mental health services), outreach, information, and assistance (which may include information and assistance to consumers on availability of services under part B and how to receive benefits under and participate in publicly supported programs for which the consumer may be eligible) and case management services;
- B. In home services, including supportive services for families of individuals who have a diagnosis of Alzheimer's disease and related disorders with neurological and organic brain dysfunction; and

C. Legal Assistance: and assurances that the Area Agency on Aging will report annually to the State agency in detail the amount of funds expended for each such category during the fiscal year most recently concluded.

21. Sec. 306(a)(4)(A)(i) - provide assurances that the Area Agency on Aging will—

(i) (aa) set specific objectives, consistent with State policy, for providing services to older individuals with greatest economic need, older individuals with greatest social need, and older individuals at risk for institutional placement;

(bb) include specific objectives for providing services to low-income minority older individuals, older individuals with limited English proficiency, and older individuals residing in rural areas; and

(ii) include proposed methods to achieve the objectives described in items (aa) and (bb) of sub clause (i);

22. Sec. 306(a)(4)(A)(ii) provide assurances that the area agency on aging will include in each agreement made with a provider of any service under this title, a requirement that such provider will—

(i) specify how the provider intends to satisfy the service needs of low-income minority individuals, older individuals with limited English proficiency, and older individuals residing in rural areas in the area served by the provider;

(ii) to the maximum extent feasible, provide services to low-income minority individuals, older individuals with limited English proficiency, and older individuals residing in rural areas in accordance with their need for such services; and

(iii) meet specific objectives established by the Area Agency on Aging, for providing services to low-income minority individuals, older individuals with limited English proficiency, and older individuals residing in rural areas within the planning and service area; and

23. Sec. 306(a)(4)(A)(iii) - With respect to the fiscal year preceding the fiscal year for which such plan is prepared, the Area Agency on Aging shall—

(i) identify the number of low income minority older individuals and older individuals residing in rural areas in the planning and service area;

(ii) describe the methods used to satisfy the service needs of such minority older individuals; and

(iii) provide information on the extent to which the Area Agency on Aging met the objectives described in clause (a)(4)(A)(i).

24. Sec. 306(a)(4)(B) - provide assurances that the Area Agency on Aging will use outreach efforts that will identify individuals eligible for assistance under this Act, with special emphasis on—

(i) older individuals residing in rural areas;

(ii) older individuals with greatest economic need (with particular attention to low-income minority individuals and older individuals residing in rural areas);

(iii) older individuals with greatest social need (with particular attention to low-income minority individuals and older individuals residing in rural areas);

(iv) older individuals with severe disabilities;

(v) older individuals with limited English proficiency;

(vi) older individuals with Alzheimer's disease and related disorders with neurological and organic brain dysfunction (and the caretakers of such individuals); and

(vii) older individuals at risk for institutional placement; and

(ii) inform the older individuals referred to in sub-clauses (i) through (vii) of clause (i), and the caretakers of such individuals, of the availability of such assistance;

25. Sec. 306(a)(4)(C) - provide assurance that the Area Agency on Aging will ensure that each activity undertaken by the agency, including planning, advocacy, and systems development, will include a focus on the needs of low income minority older individuals and older individuals residing in rural areas.
26. Sec. 306(a)(5) provide assurances that the Area Agency on Aging will coordinate planning, identification, assessment of needs, and provision of services for older individuals with disabilities, with particular attention to individuals with severe disabilities, and individuals at risk for institutional placement, with agencies that develop or provide services for individuals with disabilities.
27. Sec. 306(a)(6)(A) - take into account in connection with matters of general policy arising in the development and administration of the area plan, the views of recipients of services under such plan;
28. Sec. 306(a)(6)(B) -serve as the advocate and focal point for older individuals within the community by (in cooperation with agencies, organizations, and individuals participating in activities under the plan) monitoring, evaluating, and commenting upon all policies, programs, hearings, levies, and community actions which will affect older individuals
29. Sec. 306(a)(6)(C)
- (i) enter, where possible, into arrangements with organizations providing day care services for children, assistance to older individuals caring for relatives who are children and respite for families, so as to provide opportunities for older individuals to aid or assist on a voluntary basis in the delivery of such services to children, adults, and families;
- (ii) if possible, regarding the provision of services under this title, enter into arrangements and coordinate with organizations that have a proven record of providing services to older individuals, that-
- (i) were officially designated as community action agencies or community action programs under section 210 of the Economic Opportunity Act of 1964 (42 U.S.C. 2790) for fiscal year 1981, and did not lose the designation as a result of failure to comply with such Act; or
- (ii) came into existence during fiscal year 1982 as direct successors in interest to such community action agencies or community action programs; and that meet the requirements under section 675(c)(3) of the Community Services Block Grant Act (42 U.S.C. 9904(c)(3)); and
30. Sec. 306(a)(6)(C)(iii) - make use of trained volunteers in providing direct services delivered to older individuals and individuals with disabilities needing such services and, if possible, work in coordination with organizations that have experience in providing training, placement, and stipends for volunteers or participants (such as organizations carrying out Federal service programs administered by the Corporation for National and Community Service), in community service settings;
31. Sec. 306(a)(6)(D) establish an advisory council consisting of older individuals (including minority individuals and older individuals residing in rural areas) who are participants or who are eligible to participate in programs assisted under this Act, family caregivers of such individuals, representatives of older individuals, service providers, representatives of the business community, local elected officials, providers of veterans' health care (if appropriate), and the general public, to advise continuously the area agency on aging on all matters relating to the development of the area plan, the administration of the plan and operations conducted under the plan;
32. Sec. 306(a)(6)(E) establish effective and efficient procedures for coordination of -
- (i) entities conducting programs that receive assistance under this Act within the planning and service area served by the agency; and
- (ii) entities conducting other Federal programs for older individuals at the local level, with particular emphasis on entities conducting programs described in section 203(b) [42 USC § 3013(b)], within the area;
33. Sec. 306(a)(6)(F) – The Area Agency on Aging will in coordination with the State Agency on Aging (DAIL) and the State agency responsible for mental health services, increase public awareness of mental health disorders,

remove barriers to diagnosis and treatment, and coordinate mental health services (including mental health screenings) provided with funds expended by the Area Agency on Aging with the mental health services provided by community health centers and by other public agencies and nonprofit private organizations;

34. Sec. 306(a)(7) - provide that the area agency on aging shall, consistent with this section, facilitate the area-wide development and implementation of a comprehensive, coordinated system for providing long-term care in home and community-based settings, in a manner responsive to the needs and preferences of older individuals and their family caregivers, by –

- (A) collaborating, coordinating activities, and consulting with other local public and private agencies and organizations responsible for administering programs, benefits, and services related to providing long-term care;
- (B) conducting analyses and making recommendations with respect to strategies for modifying the local system of long-term care to better –
 - (i) respond to the needs and preferences of older individuals and family caregivers;
 - (ii) facilitate the provision, by service providers, of long-term care in home and community-based settings; and
 - (iii) target services to older individuals at risk for institutional placement, to permit such individuals to remain in home and community-based settings;
- (C) implementing, through the agency or service providers, evidenced-based programs to assist older individuals and their family caregivers in learning about and making behavioral changes intended to reduce the risk of injury, disease, and disability among older individuals; and
- (D) providing for the availability and distribution (through public education campaigns, Aging and Disability Resource Centers, the Area Agency on Aging itself, and other appropriate means) of information related to

- (i) the need to plan in advance for long-term care; and
- (ii) the full range of available public and private long-term care (including integrated long-term care) programs, options, service providers, and resources.

35. Sec. 306(a)(8) that case management services provided under this title through the area agency on aging will -

- (A) not duplicate case management services provided through other Federal and State programs;
- (B) be coordinated with services described in subparagraph (A); and
- (C) be provided by a public agency or a nonprofit private agency that -
 - (i) gives each older individual seeking service under this subchapter a list of agencies that provide similar services within the jurisdiction of the Area Agency on Aging;
 - (ii) gives each individual described in clause (i) a statement specifying that the individual has a right to make an independent choice of service providers and documents receipt by such individual of such statement;
 - (iii) has case managers acting as agents for the individuals receiving services and not as promoters for the agency providing such services; or
 - (iv) is located in a rural area and obtains a waiver of the requirement described in clauses (i) through (iii); and
 - (v) is not located, does not provide, and does not have a direct or indirect ownership or controlling interest in, or a direct or indirect affiliation or relationship with, an entity that provides, services other than case management services under this title.

36. Sec. 306(a)(10) establish a grievance procedure for older individuals who are dissatisfied with or denied services under this subchapter.
37. Sec. 306(a)(11) – provide information and assurances by the Area Agency on Aging concerning services to older individuals who are Native Americans (referred to in this paragraph as "older Native Americans"), including-
- (A) information concerning whether there is a significant population of older Native Americans in the planning and service area and if so, an assurance that the Area Agency on Aging will pursue activities, including outreach, to increase access of those older Native Americans to programs and benefits provided under this title;
 - (B) an assurance that the Area Agency on Aging will, to the maximum extent practicable, coordinate the services the agency provides under this title with services provided under title VI; and
 - (C) an assurance that the Area Agency on Aging will make services under the area plan available; to the same extent as such services are available to older individuals within the planning and service area, to older Native Americans.
38. Sec. 306(a)(12) provide that the Area Agency on Aging will establish procedures for coordination of services with entities conducting other Federal or federally assisted programs for older individuals at the local level, with particular emphasis on entities conducting programs described in section 203(b)[42 U.S.C. § 3013(b)] within the planning and service area.
39. Sec. 306(a)(13)(A) - provide assurances that the Area Agency on Aging will maintain the integrity and public purpose of services provided, and service providers, under this title in all contractual and commercial relationships.
40. Sec. 306(a)(13)(B) - provide assurances that the Area Agency on Aging will disclose to the Assistant Secretary and the State Agency—
- (i) the identity of each nongovernmental entity with which such agency has a contract or commercial relationship relating to providing any service to older individuals; and
 - (ii) the nature of such contract or such relationship.
41. Sec. 306(a)(13)(C) - provide assurances that the Area Agency will demonstrate that a loss or diminution in the quantity or quality of the services provided, or to be provided, under this title by such agency has not resulted and will not result from such non-governmental contracts or such commercial relationships.
42. Sec. 306(a)(13)(D) - provide assurances that the Area Agency will demonstrate that the quantity or quality of the services to be provided under this title by such agency will be enhanced as a result of such non-governmental contracts or commercial relationships.
43. Sec. 306(a)(13)(E) - shall provide assurances that the Area Agency will, on the request of the Assistant Secretary or the State, for the purpose of monitoring compliance with this Act (including conducting an audit), disclose all sources and expenditures of funds such agency receives or expends to provide services to older individuals.
44. Sec. 306(a)(14) – provide assurance that preference in receiving services under Sec. 301 will not be given by the area agency on aging to particular older individuals as a result of a contract or commercial relationship that is not a carried out to implement this title.
45. Sec. 306(a)(15)(A) - provide assurances that funds received under this title will be used - to provide benefits and services to older individuals, giving priority to older individuals identified in paragraph (4)(A)(i) (Section 306(a)(4)(A)(i); and
46. Sec. 306(a)(15)(B) – provide assurances that funds received under this title will be used in compliance with the assurances specified in paragraph (13)(Sec. 306(a)(13) in regard to commercial contractual relationships and the limitations specified in section 212 (42 U.S.C.A. § 3020c);

47. Sec. 306(a)(16) provide, to the extent feasible, for the furnishing of services under this Act, consistent with self-directed care;
48. Sec. 306(a)(17) – shall include information detailing how the area agency on aging will coordinate activities, and develop long-range emergency preparedness plans, with local and State emergency response agencies, relief organizations, local and State governments, and any other institutions that have responsibility for disaster relief service delivery;
49. Sec. 306(a)(18) shall provide assurances that the Area Agency on Aging will collect data to determine –
- (A) the services that are needed by older individual whose needs were the focus of all centers funded under title IV [42 U.S.C. § 3031 et seq.] as of fiscal year 2019, and
- (B) the effectiveness of the programs, policies, and services provided by such area agency on aging in assisting such individuals.
50. Sec. 306(a)(19) provide assurances that the Area Agency on Aging will use outreach efforts that will identify individuals eligible for assistance under this Act, with special emphasis on those individuals whose needs were the focus of all centers funded under Title IV [42 U.S.C. §3031 et seq.] in fiscal year 2019
51. Projects in the planning and service area will reasonably accommodate participants, as described in the Act, and any special needs in accordance with the Americans with Disabilities Act and other state and federal law.
52. Sec. 306(c) If an Area Agency on Aging has satisfactorily demonstrated to the State agency that services being furnished for such category in the area are sufficient to meet the need for such services and had conducted a timely public hearing on such needs, then the State agency in approving the submitted area plan has waived further proof of the requirement described in Sec. 306(a)(2) for the term of that area plan, unless an inquiry or concern leads the State Agency to investigate the veracity of the sufficiency of service needs being met in the PSA.

V) TITLE VII/LEGAL ASSISTANCE ASSURANCES

53. Sec. 307(11)(A) provide assurances that the Area Agency on Aging will –
- (i) enter into contracts with providers of legal assistance which can demonstrate the experience or capacity to deliver legal assistance;
- (ii) include in any such contract provisions to assure that any recipient of funds under division (A) will be subject to specific restrictions and regulations promulgated under the Legal Services Corporation Act (other than restrictions and regulations governing eligibility for legal assistance under such Act and governing membership of local governing boards) as determined appropriate by the Assistant Secretary; and
- (iii) attempt to involve the private bar in legal assistance activities authorized under this title, including groups within the private bar furnishing services to older individuals in pro bono and reduced fee basis
54. Sec. 307(11)(D) provide assurances that, to the extent practicable, that legal assistance furnished under the Area Plan will be in addition to any legal assistance for older individuals being furnished with funds from sources other than this Act and that reasonable efforts will be made to maintain existing levels of legal assistance for older individuals.
55. Sec. 307(11)(E) provide assurances that Area Agencies on Aging will give priority to legal assistance related to income, health care, long-term care, nutrition, housing, utilities, protective services, defense of guardianship, abuse, neglect, and age discrimination.

AAAIL: KY RIVER ADD AAAILForm: ADate: 12/1/2025

AREA AGENCY ON AGING AND INDEPENDENT LIVING STAFFING PLAN

AAAIL STAFF			Weekly hours worked in the following services:																				
Name	Credentials (if applicable)	Position Title	Title III		Program (choose all that apply)	Title V		Homework		KY Caregiver		ADRC		SHIP		Ombudsman		Other Aging Programs (Specify)		Program	Total Admin Hours Weekly	Total Direct Hours Weekly	Total Aging Hours Weekly
			Admin	Direct		Admin	Direct	Admin	Direct	Admin	Direct	Admin	Direct	Admin	Direct	Admin	Direct	Admin	Direct				
Angela Robbins		Family Caregiver Program Coordinator/Homework Case Manager		10.00	III E				25.00									5.00		PDS	0.00	40.00	40.00
Becky Caudill		Title V Coordinator/SHIP Coordinator					20.00							20.00							0.00	40.00	40.00
Shelia Cornett		LTC Ombudsman														40.00				LTC Ombudsman	0.00	40.00	40.00
Stacia Noble		Aging Services Director	14.00		III B, III C	7.00		8.00		7.00		4.00									40.00	0.00	40.00
Andrea Dixon		ADRC Coordinator/PDS Lead CM										25.00						16.00		PDS	0.00	40.00	40.00
Janie Olinger		Senior Center Director (Perry)		40.00	III B, III C, III D															C1 and C2, III B, III D	0.00	40.00	40.00
Dena Brooks		Senior Center Director (Wolfe)		40.00	III B, III C, III D															C1 and C2, III B, III D	0.00	40.00	40.00
Pam Hayes		Senior Center Cook (Wolfe)		24.00	III C															C1	0.00	24.00	24.00
Teresa Bowling		Senior Center Director (Lee)		40.00	III B, III C, III D															C1 and C2, III B, III D	0.00	40.00	40.00
Debbie Banks		Senior Center cook (Lee Co)		24.00	III C															C1	0.00	24.00	24.00
Judy Bagley		Senior Center cook (Owsley Co)		24.00	III C															C1	0.00	24.00	24.00
Carmen Brock		Senior Center Director (Letcher)		10.00	III B, III D, III C													20.00		C1 and C2	0.00	30.00	30.00
Heather Trout		Senior Center Director (Letcher)		40.00	III B, III C, III D															C1 and C2, III B, III D	0.00	40.00	40.00
Donna Brashear		Senior Center cook (Perry Co)		24.00	III C															C1	0.00	24.00	24.00
Breanne Howard		Food Truck Staff/Perry Co Senior Center staff		40.00	III C															C1 and C2	0.00	40.00	40.00
Shelia Halcomb		Food Truck Staff/Perry Co Senior Center staff		30.00	III C															C1	0.00	30.00	30.00
Shannon Slaver		ADRC Assistant/PDS Case Manager		40.00																ADRC & PDS	0.00	40.00	40.00
Autumn Mufine		Assistant Aging Director						30.00										10.00		PDS	0.00	40.00	40.00
Jessica Wireman		PDS Case Manager																40.00		PDS	0.00	40.00	40.00
Samantha Lyman		PDS Case Manager																40.00		PDS	0.00	40.00	40.00
Olivia Conn		PDS Case Manager																40.00		PDS	0.00	40.00	40.00
Emily Cools		PDS Case Manager																40.00		PDS	0.00	40.00	40.00
Emily Cornett		PDS Case Manager																40.00		PDS	0.00	40.00	40.00
Jade Watts		PDS Case Manager																40.00		PDS	0.00	40.00	40.00
Lisa Fugate		PDS Case Manager																40.00		PDS	0.00	40.00	40.00
Loretta Smith		PDS Case Manager																40.00		PDS	0.00	40.00	40.00
Tammy Ritchie		PDS Case Manager																40.00		PDS	0.00	40.00	40.00
Chesidy Woods		PDS Case Manager																40.00		PDS	0.00	40.00	40.00
Susan Combs		PDS Case Manager																40.00		PDS	0.00	40.00	40.00
Stephanie Caudill		Homework Aide						40.00												Homework	0.00	40.00	40.00
Heldi Thomas		Homework Aide						40.00												Homework	0.00	40.00	40.00
Missy Cornett		Homework Aide						40.00												Homework	0.00	40.00	40.00
Andrea Graham		Homework Aide						40.00												Homework	0.00	40.00	40.00
Mary Bowen		Homework Aide						40.00												Homework	0.00	40.00	40.00
																					0.00	0.00	0.00
																					0.00	0.00	0.00
		TOTALS	14.00	388.00		7.00	20.00	8.00	256.00	7.00	0.00	4.00	26.00	0.00	20.00	0.00	40.00	0.00	400.00		40.00	1,238.00	1,278.00

Add Additional lines as necessary

AAAIL: KY RIVER ADD AAAIL

Form: B

Date: 12/1/2026

AREA AGENCY ON AGING AND INDEPENDENT LIVING PROVIDER STAFF

AAAIL STAFF			Weekly hours worked in the following services:																				
Name & Agency	Credentials (if applicable)	Position Title	Title III		Program (choose all that apply)	Title V		Homecare		KY Caregiver		ADRC		SHIP		Ombudsman		Other Aging Programs (Specify)		Program	Total Admin Hours Weekly	Total Direct Hours Weekly	Total Aging Hours Weekly
			Admin	Direct		Admin	Direct	Admin	Direct	Admin	Direct	Admin	Direct	Admin	Direct	Admin	Direct	Admin	Direct				
Jamie Short - Knott Co Senior Citizens/Fiscal Court		Senior Center Co - Director Knott Co		40.00																	0.00	40.00	40.00
Melodie Robinson - Knott Co Senior Citizens/Fiscal Court		Senior Center Co - Director Knott Co		40.00																	0.00	40.00	40.00
Connie Conley - Knott Co Senior Citizens/Fiscal Court		Kitchen Staff - Knott Co		40.00																	0.00	40.00	40.00
Brenda Seals - Knott Co Senior Citizens/Fiscal Court		Kitchen Staff - Knott Co		40.00																	0.00	40.00	40.00
Patricia Baum - Knott Co Senior Citizens/Fiscal Court		Kitchen Staff - Knott Co		40.00																	0.00	40.00	40.00
Bobby Caudill - Knott Co Senior Citizens/Fiscal Court		Kitchen Staff - Knott Co		24.00																	0.00	24.00	24.00
Darlene Best - Leslie Co Senior Citizens/Fiscal Court		Senior Center Co - Director Leslie Co		40.00																	0.00	40.00	40.00
Renee Salyers - Leslie Co Senior Citizens/Fiscal Court		Senior Center Co - Director Leslie Co		40.00																	0.00	40.00	40.00
Deborah Johnson - Leslie Co Senior Citizens/Fiscal Court		Kitchen Staff - Leslie Co		25.00																	0.00	25.00	25.00
Pam Brock - Leslie Co Senior Citizens/Fiscal Court		Kitchen Staff - Leslie Co		40.00																	0.00	40.00	40.00
Lori Elam - Appalred		Appalred																			0.00	0.00	0.00
Rich Buntin - Breathitt Co Senior Citizens		Senior Director Breathitt Co		25.00																	0.00	25.00	25.00
Willie Chaney - Breathitt Co Senior Citizens		Kitchen Staff - Breathitt		25.00																	0.00	25.00	25.00
Amy Combs - Breathitt Co Senior Citizens		Kitchen Staff - Breathitt		25.00																	0.00	25.00	25.00
TOTALS			0.00	444.00		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00		0.00	444.00	444.00

Add Additional lines as necessary

ADD KY RIVER ADD AAAIL
or Becky Caudill

Regional Coordinator Becky Caudill

Form	C
Date	12/1/2025

C

Date 12/1/2025

12/1/2025

SHIP Counseling Locations

[illegible]

ADD: KY RIVER ADD AAAIL

Form: D

Respondent: Stacie Noble

Date: 12/1/2025

Counselor Details

[illegible]

ADD: KY RIVER ADD AAAIL

Respondent: Stacie Noble

Form: E

Date: December 1, 2025

Ombudsman Advisory Council Membership				
Member Name	Complete Address	County Name	Agency Represented	Associated
Teresa Bowling	611 Broadway St Beattyville, KY 41311	Lee/Owsley	Lee/Owsley Senior Citizens	Other
Dena Brooks	Plummer St Campton, KY 41301	Wolfe	Wolfe Co Senior Citizens	Other
Carmen Brock	1505 Jenkins Road Whitesburg, KY 41858	Letcher	Letcher Co Senior Citizens	Other
Heather Trout	1505 Jenkins Road Whitesburg, KY 41858	Letcher	Letcher Co Senior Citizens	Other
Darlene Best	178 Wendover Road Hyden, KY 41749	Leslie	Leslie Co Senior Citizens	Other
Ruth Ann Dome	PO Box 661 Hyden, KY 41749	Leslie	Consumer	Consumer
Tammy Couch	941 N Main St Hazard, KY 41701	Perry	KRADD	Other
Tammy Ritchie	941 N Main St Hazard, KY 41701	Perry	Consumer	Related to Consumer
Shirley Halcomb	1827 Bearpen Road Campton, KY 41301	Wolfe	Wolfe Co Senior Citizens	Consumer
Autumn Mullins	941 N Main St Hazard, KY 41701	Letcher	KRADD	Consumer
Angela Robbins	941 N Main St Hazard, KY 41701	Perry/Breathitt	KRADD	Consumer
Stacie Noble	941 N Main St Hazard, KY 41701	Perry	KRADD	Consumer

ADD: KY RIVER ADD AAAIL KY River
 Respondent: Stacie Noble Stacie Noble

Form: F
 Date 12/1/2025

Provider Information List all provider sites for the district										
Agency / Site Name	Address	City	County	Provider Type	Service(s) Provided	Title (Choose all that apply)	Site Type	Point of Contact	Phone number	Email address
Select all that apply										
Appalachian Research & Defense Fund of KY	600 High St	Hazard	Perry	Non-Profit	IIIa, III	IIIB	Corporate Office	Lori Elam		loriel@ardlky.org
Appalachian Research & Defense Fund of KY	100 Hwy 15 S Suite 211	Jackson	Breathitt	Non-Profit	IIIa, III	IIIB	Corporate Office	Lori Elam		loriel@ardlky.org
Breathitt Co Senior Citizens	329 Broadway St	Jackson	Breathitt	Non-Profit	IIIa, III	IIIB	Multipurpose Senior Center	Rich Buntin	606-666-2550	'breathittseniorcenter@gmail.com'
Knott Co Fiscal Court (Senior Center)	40 Center St	Hindman	Knott	Non-Profit	IIIa, III	IIIB, IIIC1, IIIC2	Multipurpose Senior Center, Nutrition Site	Jamie Short/Melodie Robinson		jashort@knottky.com mrobinson@knottky.com
KRADD AAAIL - Lee Co Senior Center	611 Broadway St	Beattyville	Lee	Non-Profit	IIIa, III	IIIB, IIIC1, IIIC2, IIID	Multipurpose Senior Center	Teresa Bowling	806-464-8005	leassco@kradd.org
KRADD AAAIL - Owsley Co Senior Center	275 Hwy 28 South	Beattyville	Owsley	Non-Profit	IIIa, III	IIIB, IIIC1, IIIC2, IIID	Multipurpose Senior Center	Teresa Bowling	806-593-5594	leassco@kradd.org
KRADD AAAIL - Wolfe Co Senior Center	68 N Washington St	Campton	Wolfe	Non-Profit	IIIa, III	IIIB, IIIC1, IIIC2, IIID	Multipurpose Senior Center	Dena Brooks	806-668-3954	wolfessco@kradd.org
KRADD AAAIL - Letcher Co Senior Center	1505 Jenkins Road	Whitesburg	Letcher	Non-Profit	IIIa, III	IIIB, IIIC1, IIIC2, IIID	Multipurpose Senior Center	Heather Trout		heather@kradd.org
KRADD AAAIL - Perry Co Senior Center	354 Perry Park Road	Hazard	Perry	Non-Profit	IIIa, III	IIIB, IIIC1, IIIC2, IIID	Multipurpose Senior Center	Jane Olinger	806-436-5095	jane@kradd.org
Leslie Co Fiscal Court (Senior Center)	178 Wendover Road	Hyden	Leslie	Non-Profit	IIIa, III	IIIB, IIIC1, IIIC2	Multipurpose Senior Center	Darlene Best	806-672-3222	derlenelcsc@yahoo.com